

# Size Wise™

"Your World, Your Size!"



Sportswear, Activewear,  
Accessories & Gifts for Men,  
Women and Children of All Sizes

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here

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## DIRECTORY

**Health & Fitness**  
**Looking Good!**  
**Our Big Kids**  
**Politics of Size**  
**Relationships**  
**What's In Print?**  
**Your World, Your Size**

**Size Positive Links**  
**Email Lists**  
**Excellence Award Sites**  
**The SWAN Project**

## Some Extras

**"Size Wise" Chapter I**  
**"The Woman Who Was**  
**Too Big For God"**  
**"When Pigs Fly"**  
**"A Word About Words"**  
**"The Care and Loving of**  
**A SuperSize Friend - 101"**

"A focus on approaches that produce health benefits independently of weight loss may be the best way to improve the physical and psychological healthy of Americans seeking to lose weight."

National Institutes of Health  
Consensus Panel on Obesity  
1992

## HOT LINKS

**Your Plus Size Pregnancy** - Support, guidance, and resources to help you enjoy your pregnancy, stay healthy, and feel good about yourself.

**Beekeeper Forge** - Terrific company offering beautiful Custom-Sized Jewelry, BeesWax Candles, and All-Natural-Ingredient Soaps. Great Christmas Shopping!

[Click Here for the Hot Links Archive](#)

## Why Size Acceptance?

Size acceptance isn't about giving up - it's about demanding respect for yourself and taking control of your life and your health. It's about not letting a biased society or your size keep you from living your life fully - right now - at any weight. Want to know more? Click **HERE**.

We are here to provide you with information and resources designed to make your life healthier, more comfortable, and more complete. Choose a section from the menu to the left and dive in!

**Judy Sullivan**

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