History of Motherhood: Diaries, Letters, Etc.

- American Women: Gateway to Library of Congress
- Canadiana.org
- History of Private Life: Digital History
- Hearth -- Home Economics Archive: Cornell University
- A Woman's Place: CBC Archives
- A Woman's Work is Never Done: American Antiquarian Society
- Rima Apple @ University of Wisconsin, Madison
- Women Working: Harvard University

Motherhood and Maternal Health Research and Advocacy Organizations

- Association for Research on Mothering
- Centre for Research on Mothering
- Canadian Institute for Health Information: Giving Birth in Canada -- A Regional Profile
- Canadian Institute for Health Information: Health Indicators 2006
- Depression After Delivery
- Emory University: Women's Mental Health Program
- Families and Work Institute
- Magee-Women's Research Institute
- Motherisk
- Motherisk: Current Studies
- National Healthy Mothers, Healthy Babies
- Perinatal Web.org: Wisconsin Association for Perinatal Care and the Perinatal Foundation
- PerinatalWeb.org Handout: A Pregnant Woman's Wish List
- PerinatalWeb.org Handout: When You Are Feeling Blue, Here Are Some Simple Things You Can Do
- Postpartum Support International
- Our Sisters' Place
- Women's Health Concerns Clinic (PPD info)

Pregnancy, Childbirth, Child Health, Parenting, Consumerism, and Child Development Information Resources (in progress)

- American Academy of Pediatrics
- Breastfeeding: Centers for Disease Control and Prevention
- Canadian Paediatric Society
- Canadian Women's Health Network
- CAPPA Canada
- Centre for a New American Dream
- Child and Family Webguide (Tufts University)
- Childbirth and Postpartum Professionals Association
- DONA International
- Growing Healthy Canadians
- i buy different.org
- Invest in Kids
- La Leche League
- Lamaze International
- Media Awareness Network
- Parenting Library
- Pregnancy Library
- Zerotothree.org
- Breastfeeding (World Health Organization)

Change the World

- 43 Folders
- 41 Things
- Betsy's Blog
- Canada Helps.org
- Center for a New American Dream
- Change This
- Conal Elliott: Some of my Favorite Quotes
- Dictionary of the History of Ideas
- FDU Magazine: The Seven Golden Rules of Leadership
- Frugal for Life
- i buy different
- Lifehacker.com
- Matthew 16:26 (on soul/values)
- Martha Beck's columns in Oprah magazine
- MindHacks: Why Email is Addictive -- and What to Do About It
- Miss Abigail: Time Warp Advice
- The New Homemaker
- One Woman, One Blog.
- The Pew Charitable Trusts
- Quiet American: One Minute Vacation
- The Random Acts of Kindness Foundation
- Social Justice Think Tanks
- Social Justice Wiki
- Stand Up for Mental Health

Parenting Zines, Websites, and Smaller/Regional Magazines

- Adoption Today
- Adoptive Families
- Akron Family
- Atlanta Parent
- Austin Family
- Austinmama.com
- Baby Guide
- Baby Map: Seattle
- Baby Steps Magazine (iVillage)
- Baby Toronto
- Baton Rouge Parents Magazine
- Baby Vibe: Westcoast and Calgary
- Baltimore's Child
- Bay Area Parent: Editor's Blog
- Bay State Parent
- BC Parent
- The Birth Ecology Project: Journal
- Birmingham Parent
- Black Woman and Child
- The Boston Parents' Paper: Editor's Blog
- Brain, Child
- Baton Rouge Parents Magazine
- Calgary's Child
- CanadianParents.com
- Carolina Parent
- Charlotte Parent
- Chesapeake Family
- Chicago Parent
- City Parent
- CoolMomPicks.com
- Colorado Parent
- Connecticut Family Today Online
- Connecticut Parent Magazine
- Dallas Child
- Edmonton's Child
- Exceptional Parent Magazine
- Fredericksburg Parent
- Family -- New Jersey
- Family Man Online
- Fort Worth Child
- Gay Parent Mag.com
- Georgia Family
- Grand Rapids Family Magazine
- Healthy Kids.com
- Herizons
- Hudson Valley Parent
- Hipmama.com
- Houston Family Magazine
- Imperfect Parent
- Indy's Child
- Iowa Parent
- Island Parent
- Kansas City Parent
- Kidz on the Coast
- L.A. Family
- L.A. Parent: Mommy Moments Blog
- Lexington Family
- Life With Kids: Oakville, Burlington, Hamilton, Milton, Mississauga
- Literarymama.com
- Little Rock Family
- Memphis Parent
- Metroparentmagazine.com
- Mamazine.com
- Mamasink.com
- Maryland Family
- MetroKids.com
- Metro Family Magazine
- Miami Family Magazine
- Montessori Life
- The Mom Salon
- Montreal Families
- Montreal Pour Enfants
- Mombo.org
- Nashville Parent (Parent World)
- New Jersey Family
- Newsday's Parents and Kids Long Island
- New York Family Guide
- New York Metro Parents
- Northumberland Kids
- OC Family Magazine
- Ottawababy.ca
- Palmetto Parent
- Parent Hacks
- Parent Guide: Canada-Wide
- Parent Map (Seattle)
- Parenting News @ ParentingLibrary.com
- Peterborough Kids
- Pittsburgh Parent
- Portland Parent
- Pregnancy and Baby
- Puget Sound Parent
- Salon.com: Life
- San Antonio: Our Kids
- San Diego Family
- Savvymom.ca
- Space Coast Parent
- Seattle's Child
- She Finds Mom
- She Know.com
- South Florida Parenting
- Staten Island Parent
- Sydney's Child
- Toledo Parent
- Tomama.com
- Toronto: The Little Paper
- Treasure Valley Family
- Twins Magazine
- Urban Baby and Toddler
- Urbanmoms.ca
- Urbanmoms.com
- Washington Parent
- Westchester Family
- Westcoast Families
- The Whole Mom
- Wichita Family
- Windsor Parent
- Winnipeg Parent
- Yo' Mama
- York Region Baby
- *** Find more at Parenting Publications of America

Large Circulation Parenting Publications/Websites: U.S., UK, and Canadian Mainstream and Alternative

- American Baby
- BabyCenter.com
- BabyCentre.ca
- Baby Talk
- Brain, Child
- Conceive Magazine
- Child
- Canadian Family
- Family Education.com
- FamilyFun.com
- Fit Pregnancy
- Junior Magazine
- Mothering
- Parents
- Parents Canada
- Parenting
- Todaysparent.com
- Vegetarianbaby.com
- Wondertime.com
- Workingmother.com

Mom-to-Mom Networks and Parent-to-Parent Organizations (plus lots of Toronto parenting directories) Email if I missed you

- BC Mainland Moms
- Berkeley Parents Network
- Blogher: Mommy and Family | Technology and Web
- Canadianbabies.ca
- Cingo
- ClubMom.com
- Dot Moms
- Family Site
- Help, We've Got Kids
- Kidding Around Toronto
- Life With Kids.ca
- Maya's Mom
- Minti
- Mom2Many.com
- Momcentral.com
- Mommybloggers.com
- Mommy Club (Calgary)
- Mommy Buzz
- Momrades.com
- The Motherboard
- The Motherhood
- Mothers Acting Up
- Mothersbookbag.org
- MothersClick.com
- Mothers and More
- National Association of Mothers' Centers
- Postcards From Holland
- ParentsConnect
- ParentSource.ca (Durham Region)
- Pregnancy and Baby
- T.O. Mama
- WeeWelcome
- Toronto Women's Bookstore

Motherhood Writers: Authors, Columnists, etc. (very much in progress)

- Naomi Aldort
- Amy Baskin and Heather Fawcett (More Than a Mom)
- Georgie Binks
- Joan Blades and Kristen Rowe-Finkbeiner (Motherhood Manifesto)
- Martha Bockenbrough (Mommychronicles.com)
- Gayle Brandeis
- Karen Brody (Birth: The Play
- Andi Buchanan
- Carole Groobman (Force of Nature)
- Ann Douglas
- Denise Davy
- Rebecca Eckler
- Jen Strayer Eyer (Neurotic Mom)
- Faulkner Fox
- Andrea Gordon
- Ariel Gore
- Katie Allison Granju
- Rachel Gurevich
- Bethany Hitola
- Marrit Ingam
- Anne Lamott
- Jennifer Lauck
- Bee Lavender
- Christa M. Miller
- Mimi Smartypants
- Miriam Peskowitz
- Louise Pohle-Bjolin (aka Manic Mama)
- Patricia Pearson
- Dorianne Sager
- Brette Sember
- Paula Spencer
- Tracy Thompson
- Amy Tiemann
- Ayelet Waldman (on being a bipolar mom)
- Robin Eliss Weiss: Birth Activist Blog

Mom University Archives: Interviews

- Mom University: Andrea Buchanan, Mother Shock and LiteraryMama.com
- Mom University: Katie Allison Granju, Attachment Parenting
- Mom University: Ayun Halliday, The Big Rumpus
- Mom University: Kim Lane, AustinMama.com
- Mom University: Ericka Lutz, Fiction and Non-Fiction Writer
- Mom University: Jen Lawrence (a.k.a. T.O. Mama), MUBAR
- Mom University: Karen Nordahl, Fit to Deliver
- Mom University: Dawn Friedman, This Woman's Work
- Mom University: Debra Gilbert Rosenberg on Mother Guilt
- Mom University: Virginia Collins, Doula, Childbirth Educator, Bereavement Counsellor
- Mom University: Brette Sember, Pregnancy and Parenting Author

Mom Blogs

- About Miche
- A Little Pregnant
- A Mama's Rant
- A Peek Inside the Fish Bowl
- Arch Words
- Ask Moxie
- A Work in Progress
- Babylune
- Baldo
- Babyfruit
- Beanie Baby
  Been There
- Bite My Cookie
- Blog Pourri
- Blurbomat
- BlogHer
- Boston Mommy
- BusyMom.net
- Chez Miscarriage
- CityMama
- Citizen Beta
- Dooce
- Domestic Vernacular
- Esperanza
- Expectant Waiting
- Falling Down is Also a Gift
- Finslippy
- Fonticulus
- Good Enough Mama
- Imponderability of Everyday Life
- Is it a Sweater Yet
- Generation Exhausted
- Half Changed World
- Hello Josephine
- Housewife Chronicles
- I Blinked, You Grew
- It Ain't All Mary Poppins
- Jenn's Journal
- Jen the Mom
- Julia: Here Be Hippogriffs
- Life of 'Pie
- Life is Good at the Beach
- Limberlime
- Magnificent Octopus
- Martinis for Milk
- Maternal Journal
- Mandajuice
- Mimi Smartypants
- The Mommy Blog
- Mommybloggers
- Mommy Needs Coffee
- Meagan Francis' blog
- Midlife Mama
- Milkbreath and Me
- Milkfactory
- Milliner's Dream
- Mimilou
- Mom and Pop Culture
- Mombie
- Mom Brain
- Momfidence
- Mom in the Mirror
- Mommapalooza
- Mommy Matters
- Mommy With An Attitude
- Mommy Writer Blog: Bethany Hitola
- Mom Writes
- Mother-in-Chief
- Mother Shock
- Mother Talkers
- MUBAR (Mothered Up Beyond All Recognition
- Musings of a Crunchy, Domestic Goddess
- The Naked Ovary
- Not Quite Sure
- Notes from the Cookie Jar
- The Nutmeg News
- Phantom Scribbler
- One Weird Mother
- Plain Jane Mom
- Postcards from the Mothership
- Pregnancy Weekly
- Ramblings of a SAHM
- Radical Mama
- Radmama
- Rookie Moms
- Secret Agent Josephine
- Sharbean
- Sherocious
- So Close
- Suburban Bliss
- The Life and Times of This New Mommy
- The Poop
- The Welblog
- Three Kid Circus
- This Mom
- This Woman's Work
- Tripping the Life Unbalanced
- Uncommon Misconception
- Untangling Knots
- Under the Ponderosa
- Very Mom
- Where We're Going Now
- Wonder Mom

Dad Blogs

- Blue Sloth
- Daddy Dialectic
- Dad Talk
- Familyman Online
- F-Bomb
- Laid-Off Dad
- Metro Dad
- The Poop
- Rebel Dad
- Woodge

Pregnancy Loss, Infant Death, Infertility, and Subsequent Pregnancy

- A Place to Remember
- American Fertility Association
- American Society for Reproductive Medicine
- American Press Institute: Medical/Health News/Journals
- Another Child (Secondary Infertility)
- Babyfruit
- Bereaved Families of Ontario
- The Childbirth Experience: Bereavement Links
- Conceive Magazine (read my column on the very back page)
- Canadian Foundation for the Study of Infant Deaths
- Centering Corporation
- Canadian Paediatric Society Guidelines on Perinatal Loss
- CLIMB Center for Loss in Multiple Birth
- The Compassionate Friends
- Family Grief Study from Finland
- First Candle: 2005 Conference Proceedings
- Untangling Knots: The Geology of Karla
- Having-a-baby.com: Pregnancy Loss Articles
- Ihr.com: Infertility Resources
- March of Dimes: Stillbirth
- Medline Plus: High Risk Pregnancy
- MISS Foundation: Research
- National Library of Medicine's PubMed Database
- National SHARE Office
- No Longer Living in October's Shadow
- Perinatal Bereavement Services Ontario
- Pregnancy After Miscarriage e-mail list
- Subsequent Pregnancy After a Loss Support e-mail list
- Pregnancy After Loss: Surviving a Subsequent Pregnancy
- National SIDS Resource Center
- Storknet: Pregnancy/Infant Loss Grief Support Question of the Month
- Trying Again (subsequent pregnancy)
- Resolve.org
- Sidelines.org
- Stirrup Queens and Sperm Palace Jesters (Infertility Resources)
- Wintergreen Press
- The Unofficial Guide to Having a Baby by Ann Douglas and John R. Sussman, MD -- Book Excerpt on Miscarriage, Stillbirth, Neonatal Death, Grief
- WebMD Chat: Pregnancy After a Loss

Writerly Resources

- AAR Online: Moral Rights Protect Authors
- American Society of Journalists and Authors
- Association of Authors' Representatives
- Authors Guild
- A Worm's Eye View: Andrew Brown Goes Offline
- Back Story
- Be a Happy and Successful Author
- Book Angst
- Book Lust
- Book Ninja
- Book Slut
- Booksquare
- Buzz, Balls, and Hype
- Confessions of an Idiosyncratic Mind
- Cup of Chicha
- Deanna Carlyle: How a Publisher's Sales Force Can Make or Break Your Book
- Deanna Carlyle: How Come My Advance is So Low?
- Ivan Hoffman: The Protection of Book Titles
- Ivan Hoffman: Royalty Calculations in Book Contracts
- Joyce Maynard" For Writers: Making Writing"
- Keri Smith: Seven Steps to Getting Published
- Just One More Book (Favorite Kids' Books
- Kremer on Marketing Books
- LibraryThing.com
- Mamasink.com
- Maud Newton
- Media Bistro: Galley Cat
- Media Bistro
- Mediachannel.org: The Standard Book Contract
- National Book Awards: Steven King's Speech
- Murder She Writes
- National Novel Writing Month
- National Writers Union
- NOLO: Trademarks and Copyrights
- NOLO: Should You License or Assign Your Art?
- Periodical Writers Association of Canada
- Publishers Marketplace
- Publishers Weekly
- Quill and Quire
- Raising a Writer
- Readerville.com
- Regret The Error
- Renegade Writer: Tips
- Salon.com: Books
- Speakernetnews.com
- Stalking Kelly Ripa
- Terry Bragg: Walk Away From a Bad Deal
- Writers Guild of America
- Why Every Author Needs a Blog
- Writers Union of Canada

Fabulous Artists

- Bea's Diary
- Book Lust
- Laura Coyle
- Everyday Matters
- Drawn.ca
- Fat Lil Wytch
- Julia Gilmore
- Loobylu
- Monicamoody.com
- Michael Nobbs
- Penelope Illustration
- Secret Agent Josephine
- Keri Smith
- Ward-o-Matic

Best Reasons to Be Canadian (not ranked in any order)

- Anne of Green Gables
- Banff
- Cahoots
- Canadian history
- Canadian humour
- Canadian creativity
- Canadian literature (a.k.a. Canlit)
- Canadian music
- CBC Radio
- Corner Gas
- Cottaging
- Journal for Research on Mothering
- Mr. Dressup
- Maple trees
- Rex Murphy
- Rick Mercer
- Sarah Harmer
- Snow
- The Walrus

Projects and Causes

- Charitable Giving Wish List
- Friends of Canadian Broadcasting
- Help for Holly
- BlogHers Act
- BlogHers Act Canada

About Ann Douglas

Books by Ann Douglas

- The Mother of All Bookstores
- The Mother of All Books (US editions)
- Mother of All Solutions Series
- The Mother of All Books Series (Canadian)
- Full Book List: Pregnancy, Parenting, Etc.
- Bio
- Book Writing FAQ
- Article and Tipsheet Archive
- Podcast Interviews
- E-mail Ann

Etc

- One Woman One Blog

Credits

- Content Copyright Ann Douglas
- Design by: Fat Li'l Wytch
- Powered by: Blogger

I Power Blogger

Weblog Commenti

**The Mother of All ® (as applied to various uses related to pregnancy and parenting) is a registered trademark of Page One Productions Inc.
Please contact Page One Productions Inc. if you are unsure whether your use of the registered trademark The Mother of All ® conflicts with the rights held by the trademark owner Page One Productions Inc.**

For anything serious affecting you or your child, please consult the appropriate health professional.

Add to Technorati Favorites

Mom University: Brette Sember, Pregnancy and Parenting Author

Thursday, September 21, 2006

Mom University is back with an interview with prolific author Brette Sember, who has written a number of books in the pregnancy and parenting category. Brette is passionate about writing giving voice to audiences whose needs for information have traditionally been ignored or under-served -- plus-sized pregnant women, gay and lesbian parents, adoptive parents, and so on.

Ann: Brette, first of all, I have to say that I've always found you to be a very inspiring person. Not only do you work really hard (look at that list of books!): you are the kind of writer who is supportive of other writers and who generously shares information about what it takes to be successful in this business. I really admire that.

Now let's talk pregnancy books. It seems to me that the baby boom in the pregnancy and baby book publishing category is still going strong. There are more titles than ever before. What types of books do you think expectant parents are looking for these days? What trends have you noticed over the past ten years or so?

Brette: I think that expectant parents are looking for two things, really. First, I think they want good solid, general books that tell them everything important about pregnancy or babies. Once they have that in hand, I think they want books that then specifically address their own particular needs, problems or issues - like pregnancy over 35, plus-size pregnancy, raising babies with special needs, and so on. I think the trend is for more and more specialized books. The problem is that publishers see these special needs as "niche" and are reluctant to publish books in those categories. I also think that pregnancy and baby books have got to be extremely user friendly and provide things you can't find online. It's very easy to just google whatever you want to know and not buy a book.

Ann: What are your favorite subtopics related to pregnancy, babies, and motherhood? Are there subjects that you find particularly fascinating?

Brette: Plus-size pregnancy is my number one. As a plus-size mom myself, I had so many questions and worries when I was pregnant about my weight and there was no information to be had. Fortunately I had a wonderful OB who was plus-size herself and was very reassuring; however, other medical personnel were not as nice.

Ann: I totally get that, Brette. Some people can be patronizing -- even nasty -- about the weight issue. Fortunately, there has been a lot of work done in this area in recent years. And there are more products/services/options available for plus-sized pregnant women. When I had my second child, I put up an ad on the bulletin board at a local parent-child drop-in center asking if anyone had plus-sized maternity clothes. I remember saying something about how I was going to be naked soon if I didn't find some good plus-sized maternity clothes fast! Luckily plus-sized moms today have so many more options when it comes to clothing. And pregnancy books are finally "getting" the fact that plus-sized moms have babies -- and sex lives! -- too. (When John Sussman and I wrote the first edition of our book The Unofficial Guide to Having a Baby in 1999, it was considered ground-breaking to include information about plus-sized pregnancy. Times have changed!) But I interrupted you! Go on with what you were saying....

Brette: I also love pregnancy chick lit. There are only a few books in this category, but one of my favorites is actually becoming a tv series this fall (Notes from the Underbelly by Risa Green). I have created an Amazon Listmania list with my favorite books in this category. I think it's a chick lit sub-category that is going to continue to grow, as women who absorbed chick lit in their early 20s become moms.

Ann: What other topics do you enjoy writing about?

Brette: I like to write about a wide variety of topics. It keeps things fresh for me. I have a business book coming out, The Essential Supervisor's Handbook, which was a nice change for me. Having worked as an attorney before becoming a writer, I was able to draw on my experiences as a boss.

One of the things that motivates me as a writer is finding people or interest groups who need information and have a hard time getting it. This is what spurred my plus-size pregnancy, but is also the basis for the gay rights and senior rights books I have written.

I also like to write about books. I did a children's book review column for several years and it was great fun. Some day, when my kids are older, I hope to do more travel writing.

Ann: What is your best career advice for writers/authors?

Brette: Finding a specific niche in which you can specialize is very important. It gives you some footing and separates you from the crowd. It may seem contradictory, but at the same time that you are establishing yourself as an expert in one field, I think it's important to diversify and try other things. If you write only about fitness, for example, there are times when you simply run out of things to write about. That usually changes, as the market changes, lifestyles change, and research comes out, but it takes time for new pathways in a particular niche to emerge. Instead of twiddling your thumbs, find other areas.

Ann : Brette, that's excellent advice. Thanks for dropping by to talk writing and motherhood.

Brette Sember is a mom of two and author of over 25 books, including Your Plus-Sized Pregnancy: The Ultimate Guide for the Full-Figured Expectant Mom and Your Practical Pregnancy Planner: Everything You Need to Know about the Financial and Legal Aspects of Preparing for Your New Baby. Her web sites are Your Plus Sized Pregnancy.com and BretteSember.com. Brette recently spoke at the Connecticut Coast Writer's Retreat in Milford, Connecticut.

pregnancy motherhood moms pregnancy authors

posted by Ann D @ 9:34 AM