

# When cookie-cutter sizes don't fit

Not every expecting mom is 5'9" and a perfect size 6. So where do you find maternity clothes that don't look like hand-me-downs from the 1970s and actually fit? We've got you covered.

By Anne Johnson



## If you're ...

**plus-sized**

Plus-sized clothes are always a few years behind mainstream fashion, and plus-sized maternity clothes are even worse, says Brette Sember, author of *Your Plus Size Pregnancy*. Sember says the hardest part is finding cute maternity clothes that aren't huge all over. "They have a bigger belly, but for some reason, they also have huge arm holes or loose necklines, so instead of looking pregnant, you just look big all over," says Sember. To look your best:

■ **Try before you buy.** Plus sizes can vary pretty dramatically from one line to another, so never assume your usual size will be the right one.

■ **Get fit.** Make sure the only extra fabric is around your tummy – the arms,

sleeves, legs and necklines should all fit your shape.

■ **Color your world.** Even though black is slimming, be sure to include some pretty colors in your maternity wardrobe. You'll look – and feel – better.

■ **Seek support.** Your non-pregnancy

bras may not support your growing chest, so you need a bra designed for pregnant women.

### \*TIP:

The tunic tops you own now may also be great maternity wear.



## Where to Shop:

**Jake and Me Maternity and Nursing Clothing** ([www.jakeandme.com](http://www.jakeandme.com)) carries maternity basics, like T-shirts, pants and dresses, in sizes up to 4X.

**Plus Mom Maternity** ([www.plusmommaternity.com](http://www.plusmommaternity.com)) connects you to online shops that carry large sizes (most up to 3X).

**Baby Becoming Maternity** ([www.babybecoming.com](http://www.babybecoming.com)) has styles up to size 6X and carries plus sizes exclusively.

**Motherhood Maternity** ([www.motherhood.com](http://www.motherhood.com)) carries plus-size versions of many of their regular styles, most up to size 3X.

**Big Girls' Bras** ([www.biggerbras.com](http://www.biggerbras.com)) carries maternity bras in sizes up to 44I.

**Motherwear** ([www.motherwear.com](http://www.motherwear.com)) carries nursing tops, bras and other new mom gear in sizes up to 3X.